

LUNCH MENU

12PM – 3PM : Monday - Friday

Soup of the Day (V) €4.95
Served with homemade brown bread

Soup & Blaa Combo (V) €6.95
Soup of the day served with a Waterford Blaa with a choice of fillings:
house baked clove and mustard ham, confit chicken,
egg and scallion mayonnaise, mixed salad, sliced cheddar

Smoked haddock and mixed seafood chowder €6.50
with homemade brown bread:

Sandwich & Chips €6.50
White or malted bloomer bread (plain or toasted)
Choice of fillings, honey glazed ham, confit chicken, salad,
cheddar cheese, and egg mayonnaise
All served with dressed salad and chunky fresh cut chips
Gluten free sandwiches also available

the Met **Seven @ 7**
bar-café

7 delicious choices @ €7.00 Each

Cajun chicken wrap with cheddar cheese crispy cos lettuce and
chilli mayonnaise all toasted in a flour tortilla with side salad
and chunky chips €7.00

Classic toasted BLT sandwich with bacon lettuce and tomato
and mayo, side salad and chunky chips €7.00

Roasted pepper and mozzarella flat bread served
with dressed side salad €7.00

Jack Daniels glazed pork ribs
with a sweetcorn fritter and dressed leaves €7.00

Poppy seed and natural yoghurt marinated chicken skewers
with pitta bread and dressed leaves €7.00

Cesar salad, lemon and garlic confit chicken, crispy bacon,
parmesan shavings and toasted garlic croutons all bound together
with a creamy homemade Cesar dressing €7.00

Warm stir-fried prawn and mixed veg salad in a chilli and lime dressing €7.00

Daily specials also available please ask your waiter

SIDES €3.25
Hand cut chunky chips / Salt and pepper wedges
Dressed house salad / Beer battered onion rings

DESSERT €4.25
Please ask server for selection of our homemade desserts

the Met
bar-café

Bar Food Menu
3pm - 9pm : Monday to Friday
12pm - 9pm : Saturday and Sunday

Lunch Menu
12pm - 3pm
Monday to Friday
(See Back Page)





FITZWILTON
HOTEL
★★★★★

051 846 900
BRIDGE ST. WATERFORD CITY
WWW.FITZWILTONHOTEL.IE



Starters

- SOUP OF THE DAY**  €4.95
Served with homemade brown bread
- BRAISED PORK RIBS STARTER**  €7.00
slow braised ribs bourbon and Cajun marinade, sweet corn fritters.
- SPICED CHICKEN SKEWERS**  €7.50
yoghurt, chilli and cumin, guacamole, red cabbage and almond slaw, pitta bread.
- GOATSCHEESE TARTLET**  €6.50
artisan bluebell falls goatscheese, herb and walnut crumble, apple and beetroot salad, balsamic glaze.
- SEAFOOD CHOWDER**  €6.50
with smoked pancetta, served with homemade brown bread.




Sandwiches

OUR CHEF WILL FRESHLY PREPARE A SANDWICH OF YOUR CHOICE FROM THE FOLLOWING FILLINGS.


- house baked clove and mustard ham, confit chicken, egg and scallion mayonnaise, mixed salad, sliced kilmedan cheddar.
AVAILABLE ON WHITE OR MALTED BLOOMER OR OPEN HOMEMADE BROWN BREAD. €6.50
All sandwiches served with dressed salad and hand cut chips

Main Courses

- OPEN STEAK SANDWICH** €13.50
6oz steak, French mustard marinade, pearl onion jam, toasted ciabatta, dressed salad and hand cut chips.
- ROAST OF THE DAY**  €11.00
(please ask server)
- FISH GOUJONS**  €11.50
smoked paprika and parmesan crumb, handcut chips, tartar sauce
- 8oz GROUND IRISH BEEF BURGER** (please allow 20 minutes to serve) €12.75
toasted blaa, homemade tomato and chilli relish, cheese, handcut chips.
- 10oz SIRLOIN STEAK** (please allow 20 minutes to serve) €20.00
Cooked to your liking with stout and thyme onion ring, roasted herb crusted tomato, handcut chips, café de Paris butter
- CHIPOLTE CHICKEN BLAA**  €12.00
salt and pepper tarragon chicken, chipotle mayonnaise, homemade potato wedges, toasted blaa.
- CHICKEN CURRY**  €12.00
homemade medium heat curry paste, naan bread, braised rice, mango and chutney.
- MUSSEL AND KING PRAWN LINGUINI**  €13.00
capers, spinach, coconut chilli tomato and coriander sauce, parmesan shavings

- CHICKEN GOUJONS**  €11.50
Served with Mixed Salad, Hand Cut Chips & BBQ Sauce
- 16 HOUR SLOW ROASTED PULLED PORK SHOULDER**  €10.50
Pulled Pork Shoulder, Sourdough Bap, Radish Slaw & Crackling
- BRAISED PORK RIBS MAINS**  €11.50
Slow braised ribs, bourbon and Cajun marinade, sweet corn fritter

Salad & Vegetarians

- CAESAR SALAD** €8.50
lemon garlic chicken, cos lettuce, crisped bacon, parmesan curls, crutons.
- TOMATO AND OLIVE LINGUINI** €11.00
tomato and olive ragout, buffalo mozerella, fresh basil, grated hazelnut.
- ROASTED VEGETABLE FLATBREAD**  €10.00
roasted vegetables, dill, bluebell falls goats cheese, green olives, extra virgin olive oil.

Side Orders

- Handcut Chips €3.25
Salt and Pepper Wedges €3.25
Stout and Thyme Onion Rings €3.25
Side Salad €3.25

Desserts

- Please ask server for selection of our homemade desserts.  €4.25

(V) Denotes vegetarian options

All our dishes are cooked to order so please allow time.

If you have any dietary requirements we will be glad to assist with choices.

All produce at Fitzwilton hotel is locally sourced where possible.

TWICE THE YUM

2 COURSES*

A GLASS OF WINE/BEER/SOFT DRINK & TEA/COFFEE

ONLY €17.50

PER PERSON

*(yum) = Items included on Twice the Yum offer.

2 Different coloured (yum) must be chosen. 